IMMUNOFLOR Instructions

on medical use of the drug

Trade name: Immunoflor.

International nonproprietary name: Lactobacilli + Bifidobacteria + Fructooligosaccharides.

Dosage form: Hard gelatin capsules.

Composition: Each hard gelatin capsule contains: Lactobacilli acidophilus 1.25 billion live dried bacteria; Lactobacilli rhamnosus 1.25 billion live dried bacteria; Bifidobacteria longum 0.83 billion live dried bacteria; Bifidobacteria bifidum 0.83 billion live dried bacteria; Bifidobacteria infantis 0.84 billion live dried bacteria;

Fructooligosaccharides 100 mg.

Pharmaco-therapeutic group: Probiotics + prebiotics. Preparations containing microorganisms that produce lactic acid.

ATX code: A07FA51.

Pharmacological properties:

Pharmacodynamics:

Immunoflor normalizes intestinal microflora. Immunoflor, containing a complex of beneficial microflora, is used to restore the balance of intestinal microflora in case of eating disorders, antibiotic treatment, climate change, stress, and colds. In order for products containing beneficial microflora to have a positive effect on the host's body, they must colonize the intestines. Most food products containing beneficial microorganisms (for example, kefir) pass through in transit without populating the intestines with beneficial microflora.

Immunoflor contains a complex of Lactobacillus bacteria Acidophilus and Bifidus Bacterium Bifidum, which are capable of colonizing the intestines, since they are components of natural microflora from various parts of the intestine. They produce lactic, acetic and other organic acids, hydrogen peroxide, alcohol, lysozyme and other products that have antibiotic activity and help stimulate the immune system, increasing the body's resistance to adverse environmental factors, including viruses and pathogenic microorganisms. Live lactic acid bacteria are normal components of the natural intestinal microflora and are already contained in the digestive tract of a newborn child.

These bacteria are of great biochemical importance for the human body: fermentation of lactose shifts the pH factor to the acidic side. An acidic environment inhibits the growth of pathogenic and opportunistic bacteria and ensures optimal action of digestive enzymes; participate in the synthesis of vitamins B, K, ascorbic acid, thereby increasing the body's resistance to adverse environmental factors; participate in the metabolism of bile pigments and bile acids; synthesize substances with antibacterial activity; increases the body's immune reactivity.

Natural polysaccharides - fructooligosaccharides create good soil for the reproduction, colonization and activity of intestinal bacteria - eubiotics. Fructooligosaccharides are not broken down by digestive acids and enter the distal intestine unchanged . *Pharmacokinetics:*

Pharmacokinetic studies of the drug are not possible.

Indications for use:

They are used in children and adults for prevention and as an adjuvant in the treatment of conditions caused by an imbalance of normal microflora - diarrhea, bloating and other gastrointestinal disorders:

- as part of complex therapy for acute and chronic inflammatory bowel diseases that occur with an imbalance of intestinal microflora;
- to restore the microbiological balance of the intestines in people who have suffered acute intestinal infections;
- acute and chronic colitis and gastroenterocolitis;
- for the prevention of intestinal dysfunction due to antibacterial, chemotherapy or radiation therapy.

Contraindications:

Hypersensitivity to the components of the drug.

Directions for use and dosage:

The drug is administered orally.

Immunoflor capsules should be taken before meals with a small amount of liquid.

For children under 3 years of age and patients who cannot swallow a whole capsule, it must be opened, the contents poured into a spoon and mixed with a small amount of liquid (juice, sugared water).

Children under 2 years old: 1/2 capsules 2 times a day.

Children from 2 to 12 years old: 1-2 capsules per day.

Children over 12 years old and adults: 2-3 capsules per day. The duration of treatment depends on the cause of the development of dysbiosis and the individual characteristics of the body. The course of treatment usually lasts 2-4 weeks.

Side effects:

The drug is well tolerated. There are no reports of undesirable effects, but the possibility of hypersensitivity reactions cannot be excluded.

Overdose:

Symptoms of overdose are not described.

Drug interactions:

No undesirable interactions with other drugs were noted.

The composition of the drug allows you to take Immunoflor simultaneously with other medications, including antibiotics and chemotherapy drugs.

Special instructions:

Immunoflor should not be taken with hot drinks or taken simultaneously with alcohol. You should consult your doctor before taking the drug if you:

- body temperature is above 38 °C;
- traces of blood or mucus in the stool;
- diarrhea lasts more than two days and is accompanied by acute pain in the abdominal area;
- dehydration and weight loss:
- chronic diseases diabetes mellitus, AIDS.

Pregnancy and lactation: If necessary, the use of the drug Immunoflor during pregnancy and lactation is possible according to indications.

Features of the effect of the drug on the ability to drive a vehicle and work with potentially dangerous mechanisms: There are no special prescriptions.

Release form:

10 hard gelatin capsules in a blister. Two blisters along with instructions for use in cardboard packaging.

Storage conditions:

Store in a dry place, protected from light, at a temperature not exceeding 25 °C.

Keep out of the reach of children.

Shelf life:

Indicated on the packaging.

Do not use after expiration date.

Dispensing conditions:

Without a prescription.

Made for:

MAXX-PHARM LTD.

London, Great Britain